



CITY OF TEMPLE TERRACE NEWS RELEASE

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FOR IMMEDIATE RELEASE

ANNUAL EXPO SHOWCASES SERVICES FOR SENIORS

TEMPLE TERRACE, FL. – (02/25/14) – The 25th annual *Temple Terrace Senior Expo* will bring together a wealth of services, products and important information tailored specifically for seniors, caregivers and others on Friday, March 7, 2014.

The FREE event is 9 a.m. to 1 p.m. at the Family Recreation Complex, 6610 Whiteway Drive, Temple Terrace. The popular event offers seniors and their families a chance to meet one-on-one with representatives of area businesses and agencies that cater to their needs. Many organizations and businesses will be on hand to distribute information, answer questions and demonstrate their products and services. Among those participating:

- * West Central Florida Area Agency on Aging
- * Elder Justice Center
- * Lifepath Hospice
- * AARP Foundation for Senior Employment
- * Osher Lifelong Learning Institute
- * Rocky Creek Retirement Village
- * Home Instead Senior Care, Inc.
- * Seniors in Service of Tampa Bay
- * Nantucket Bay Senior Apartments
- * Museum of Science and Industry
- * Hearing Centers of Southwest Florida
- * Wellcare

... and many more!

There will be musical entertainment, door prizes, bingo and other fun-filled activities. Many City of Temple Terrace departments will be on hand, too, with personnel ready to answer questions and provide brochures and other handouts. BayCare Health System will provide free blood pressure and glucose screenings.

A free continental breakfast will be available at 8 a.m. on a first-come, first-served basis.

Seniors also can dispose of old, unwanted medicines through *Operation Medicine Cabinet*. Just bring any expired, unused or unwanted medicines and prescription drugs to the event between 9 a.m. and noon. Police officers will take them to a hazardous waste collection site for disposal.

The Temple Terrace Senior Expo is sponsored by the Temple Terrace Leisure Services Department. For more information about the event, contact Kelly Ahern at (813) 506-6630.

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