

**January
2018**

**SENIOR ACTIVITIES
CALENDAR**

Omar K. Lightfoot Recreation Center
10901 N. 56th Street
Temple Terrace, FL 33617
Phone: (813) 506-6635



TEMPLE TERRACE
Amazing City. Since 1925.

Monday	Tuesday	Wednesday	Thursday	Friday
1 CLOSED FOR NEW YEAR'S DAY	2 Field Trip Sign Up 9am Tai Chi 9:30am Arthritis Exercise 10am Yoga 12:15pm Bingo 2pm Card Bingo	3 9am Yoga 11am Walking Club 1pm Artwork Wed. 1pm Adult Coloring	4 9am Silver Sneakers 10:15am Musical Bingo 12:30-2pm Bunco & Tea	5 9am Manicures 9:30am Arthritis Exercise 10am Bridge 12:15pm Bingo
8 9am Silver Sneakers 9:15am Yoga 11am Wii Bowling 12:15pm Musical Bingo 2pm Word Games	9 9am Tai Chi 9:30am Arthritis Exercise 10am Yoga 12:15pm Bingo 2pm Card Bingo	10 9am Yoga 11am Walking Club 1pm Artwork Wed. 1pm Adult Coloring	11 9am Florida Botanical Gardens & Lunch Trip 9am Silver Sneakers 10:15am Musical Bingo	12 9am Manicures 9:30am Arthritis Exercise 10am Bridge 10am Crafts with Andrea 12:15pm Bingo
15 CLOSED FOR MLK JR. DAY	16 9am Tai Chi 9:30am Arthritis Exercise 10am Yoga 10:30am Assisted Living Presentation 12:15pm Bingo 2pm Card Bingo	17 9am Yoga 9:30am Line Dancing 10:30am & 4:30pm Ceramics 11am Walking Club 1pm Artwork Wed. 1pm Adult Coloring	18 9am Silver Sneakers 10am Ceramics 10:15am Musical Bingo 12:30-2pm Bunco & Tea	19 9am Manicures 10am Bridge 12:15pm Bingo 1pm Lifelong Learning Institute Senior Networking
22 9am Silver Sneakers 9:15am Yoga 11am Wii Bowling 12:15pm Musical Bingo 2pm Word Games	23 9am Tai Chi 9:30am Arthritis Exercise 10am Yoga 12:15pm Bingo 2pm Card Bingo	24 9am Yoga 9:30am Line Dancing 10:30am & 4:30pm Ceramics 11am Walking Club 1pm Artwork Wed. 1pm Adult Coloring	25 9am Silver Sneakers 10am Ceramics 10:15am Musical Bingo 12:30-2pm Bunco & Tea 5pm Pot Luck	26 9:30am Arthritis Exercise 10am Bridge 12:15pm Bingo
29 9am Silver Sneakers 9:15am Yoga 10am International Plaza Trip 11am Wii Bowling 12:15pm Musical Bingo 2pm Word Games	30 9am Tai Chi 9:30am Arthritis Exercise 10am Yoga 10:30am Planning in Advance: Necessary Conversations 11am Humana Cupcakes 12:15pm Bingo 2pm Card Bingo	31 9am Yoga 9:30am Line Dancing 10:30am & 4:30pm Ceramics 11am Walking Club 1pm Artwork Wed. 1pm Adult Coloring		

Note: Events listed in **Bold** are not part of the regular programming.

Senior Coffee for January Sponsored By:

